

City of Coventry Swim Skills Camps 2018

Summer Booking Form

4 Day Stroke Camp - £140.00

The focus of the camps will be to fine tune technical skills in each of the 4 strokes. The swimmers will focus on a different stroke each day within two pool sessions, covering all elements of the stroke including starts, turns, transitions and finishes. Under the guidance of one of City of Coventry Swimming Clubs Senior Coaches, swimmers will also be introduced to Land Training and be given tips on various areas of swimming.

Dates:
Camp A = Monday 30th July-Thurs 2nd Aug
Camp B = Monday 6th Aug-Thurs 9th Aug
Camp C = Monday 20th Aug – Thurs 23rd Aug
Camp D = Tuesday 28th Aug – Fri 31st August

Day 1 = Butterfly Day 2 = Backstroke Day 3 = Breaststroke Day 4 = Front crawl

Venue: 25m pool at University of Warwick (map located on club website),
Post code CV4 7AL

Times: 8.30am to 3.30pm every day.

Age: 8-12 year olds (we can take younger as long as they are in a competitive club squad). Only swimmers who are ASA Category 2 registered can attend.

We can have a maximum of 24 swimmers for each training day so book early to avoid disappointment. Places will be allocated on a first come first served basis once full payment & booking forms are received.

There are discounted rates available for COCSC club members and swimmers who have been on a camp before.

Price for new swimmers to the camps	£140.00*
Price for Swimmers who have been in previous years	£125.00*
Price for City of Coventry Swimming Club Members (2017)	£115.00*
Price for 1 day/2 day/3 day camps	£40.00/day*

NB – Discount is only available when booking for the full 4 days. Due to the life span of a written cheque these will be banked as soon as received, any refunds will be sorted at a later date.

Please visit our website: www.coventry-swimming.org.uk
or email Rikki Morris on: rikki.morris@coventry-swimming.org.uk



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Swimmers Name: _____ DOB: _____

Address: _____

Postcode: _____ Emergency Telephone: _____

Email: _____ ASA Registration No: _____

Any Medical Conditions _____

Signed _____ Print _____

(Parent/Guardian) I AGREE TO THE TERMS & CONDITIONS

Preferred method of receiving confirmation (please delete)

Post / Email

		Date	Cost				
4 Day Stroke Camp	Day 1	<input type="checkbox"/>	Butterfly	£40.00			
	Day 2	<input type="checkbox"/>	Backstroke	£40.00			
	Day 3	<input type="checkbox"/>	Breaststroke	£40.00			
	Day 4	<input type="checkbox"/>	Front crawl	£40.00			
	Full	<input type="checkbox"/>	All Days	£ 140.00	£125.00	£115.00	
Week A 30 th July- 2nd August	<input type="checkbox"/>	Week B 6 th -9 th August	<input type="checkbox"/>	Week C 20-23rd August	<input type="checkbox"/>	Week D 28-31 st August	<input type="checkbox"/>

Please make cheques payable to **City of Coventry Swimming Club**.

Total:

Payment can also be made direct to the Club Bank Account Barclays Coventry, sort code 20-23-55, Account 50287997. Please use reference 'Sum swim camp Week A, B, C or D and surname'.

Payment must be made to secure booking. Please see terms & conditions for details (available on our website www.coventry-swimming.org.uk).

Please return completed form to Rikki Morris at:

City of Coventry Swimming Club, Coventry Sports & Leisure Centre, Fairfax Street, Coventry, CV1 5RY or via email to Rikki.morris@coventry-swimming.org.uk

