

The ASA Coaching Open Water Swimming Courses for 2018 are now available for booking.

This IoS course is a blended programme, which incorporates and blends online theory elements of the programme with face-to-face practical sessions.

IoS Open Water Course Information



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Course Information

- The Open Water qualification is aimed at those who want to acquire specialist knowledge in delivering open water swimming sessions.
- The Guided Learning Hours for this course is 50 of which approximately 16 hours will be spent on face to face delivery and 34 hours of online learning.
- Learners must also be holders of either to attend:
 - ASA UKCC Level 2 Certificate in Coaching Swimming (QCF) or equivalent
 - ASA Level 2 Swimming Teaching or equivalent with coaching or open water experience
 - 1st4Sport Level 2 Certificate in Coaching Triathlon (QCF) or equivalent
- This qualification will cover the understanding of:
 - Open water participation
 - Sport specific skills
 - The structure of sessions and equipment required
 - The coach-participant relationship
 - The health and safety considerations and good practice
 - Delivery risk
 - Being able to plan conduct a series of effective sessions
 - Being able to monitor participants performance
 - Evaluating and improving the effectiveness of delivery and own performance



Price - £375.00

Bookings for this course close 2 weeks prior to the first face to face date of the course. Learners must be 17 years of age to attend the course

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Registered Courses

Midlands

East Midlands

Day 1:- 18th March 2018 -

Loughborough University Swimming Pool,
LE11 3TU

Day 2:- 23rd June 2018 -

Holme Pierrepont National
Watersports Centre, NG12 2LU

West Midlands

Day 1:- 02nd June 2018 -

Burntwood Leisure Centre, WS7 3XH

Day 2:- 25th August 2018 -

Stanton Lakes, LE9 4JA



N.B other courses are available across the country. Please visit www.theiosonline.com for further details on the courses and how to book.



Institute of Swimming

For more information contact us:

E: iosadmin@swimming.org

T: 01509 640640

W: www.theiosonline.com

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Registered Courses

North East

North East

Day 1:- 26th May 2018 -

Maltby Leisure Centre, S66 8JE

Day 2:- 30th July 2018 -

Harthill Reservoir, S26 7XB

North East

Day 1:- 27th May 2018 -

Blyth Sports Centre, NE61 5BX

Day 2:- 20th July 2018 -

Ladyburn Lake, Druridge Bay Country Park,
NE61 5BX



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Registered Courses

South West

South West

Day 1:- 24th March 2018

Trowbridge Sports Centre, BA14 0DN

Day 2:- 16th June 2017

Vobster Quay, Radstock, BA3 5SD

South West

Day 1:- 21st July 2018

Trowbridge Sports Centre, BA14 0DN

Day 2:- 22nd September 2018

Vobster Quay, Radstock, BA3 5SD



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North West

North West

Day 1:- 29th April 2018

Irlam & Cadishead Leisure Centre, M33 2LX

Day 2:- 04th June 2018

Sale Water Park, M44 6BR



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Registered Courses

South East

South East

Day 1:- 19th May 2018

Mountbatten Centre, PO18 0NX

Day 2:- 14th July 2018

Chichester Watersports, PO2 9QA



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Courses TBC

East

Day 1:- 20th May 2018

VENUE TBC

Day 2:- 12th August 2018

Stanborough Lakes, AL8 6DQ

London

Day 1:- 11th August 2018

VENUE TBC

Day 2:- 29th September 2018

VENUE TBC



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