Sascha Kindred and Claire Cashmore are amongst a number of Olympic and Paralympic swimmers to be recognised in the New Year Honours List for 2017.

Sascha, Paralympic Gold medallist in Rio 2016, is awarded a CBE for services to swimming.

Claire, a member of the gold winning world record breaking Women's 4 x 100m Medley Relay (34 pts) is awarded an OBE for services to swimming.

Congratulations to both of these athletes.

CLICK HERE for the full New Year honours list for 2017.