





(Based on a 50m pool)

Boys							Girls					
11/12	13	14	15	16	17/OV		11/12	13	14	15	16	17/OV
00:31.7	00:30.0	00:28.2	00:27.6	00:26.8	00:25.9	50 Freestyle	00:31.9	00:30.8	00:29.8	00:29.6	00:29.5	00:29.1
01:11.6	01:06.5	01:02.7	1:00.2	00:59.7	00:57.1	100 Freestyle	01:11.4	01:07.5	01:05.3	01:04.4	01:03.8	01:02.5
02:33.5	02:23.9	02:16.0	02:11.0	02:10.5	02:04.9	200 Freestyle	02:33.7	02:25.3	02:20.6	02:19.1	02:17.7	02:15.0
05:22.9	05:04.6	04:47.9	04:37.9	04:33.0	04:25.4	400 Freestyle	05:22.7	05.04.8	04:55.9	04:51.9	04:51.0	04:41.7
10:04.6	10:04.6	10:04.6	09:45.0	09:45.0	09:45.0	800 Freestyle *	10:16.0	10:16.0	09:42.7	09:42.7	09:42.7	09:42.7
19:42.1	19:42.1	19:42.1	18:49.6	18:49.6	18:49.6	1500 Freestyle *	20:13.3	20:13.3	19:32.7	19:32.7	19:32.7	19:32.7
00:40.6	00:39.6	00:37.2	00:35.8	00:35.5	00:33.6	50 Breast	00:41.1	00:39.9	00:38.5	00:38.3	00:38.0	00:37.3
01:33.1	01:27.6	01:21.6	01:18.4	01:17.9	01:13.9	100 Breast	01:33.1	01:27.4	01:24.7	01:23.8	01:22.9	01:21.3
03:17.9	03:11.2	03:00.1	02:49.0	02:44.6	02:40.6	200 Breast	03:18.7	03:07.2	03:01.0	03:00.1	02:58.1	02:55.3
00:35.3	00:33.6	00:31.4	00:30.3	00:29.9	00:28.4	50 Fly	00:35.2	00:33.8	00:32.5	00:32.3	00:32.0	00:31.4
01:23.8	01:16.3	01:11.0	01:07.1	01:06.7	01:03.4	100 Fly	01:22.5	01:16.9	01:13.7	01:12.5	01:12.0	01:10.0
03:07.7	02:52.2	02:40.7	02:30.4	02:29.6	02:21.8	200 Fly	03.07.7	02:53.0	02:45.8	02:41.9	02:40.8	02:36.6
00:36.7	00:35.1	00:32.9	00:32.8	00:32.7	00:30.3	50 Back	00:37.1	00:33.8	00:33.6	00:33.5	00:33.4	00:33.1
01:21.9	01:15.8	01:11.5	01:08.7	01:08.0	01:04.8	100 Back	01:18.4	01:14.6	01:12.9	01:11.5	01:11.1	01:10.5
02:51.5	02:40.6	02:32.4	02:27.1	02:26.6	02:20.2	200 Back	02:50.4	02:41.6	02:37.3	02:35.5	02:34.3	02:31.5
02:56.0	02:44.3	02:35.0	02:29.8	02:29.6	02:19.3	200 IM	02:55.3	02:42.0	02:38.0	02:36.1	02:34.8	02:33.8
06:15.4	05:50.5	05:32.4	05:18.4	05:17.4	05:00.9	400 IM	06:12.5	05:49.5	05:39.8	05:37.5	05:35.9	05:32.9