

West Midlands Young Volunteer Programme Saturday 23rd November

RLSS UK

Redhill House, 227 London Rd, Worcester WR5 2JG

09:00	09:15	15 minutes	Arrival & Registration
09:15	09:30	15 minutes	Introduction (Volunteers & Parents)
09:30	12:30	180 minutes	Young Aquatic Helper (Group A)
09:30	12:30	180 minutes	First Aid (Ground B)
12:30	13:00	45 minutes	Lunch Break
13:00	16:00	180 minutes	Young Aquatic Helper (Group B)
13:00	16:00	180 minutes	First Aid (Group A)
16:00	17:00	60 minutes	Time Keeper Workshop
17:00			End of programme & collection

The West Midlands Young Volunteer Programme is open to any Swim England club member from within the West Midlands aged 14 – 16 years on the day of the programme.

There are a total of 60 places available on the programme. 30 in Staffordshire and 30 in Worcestershire. The cost per young volunteer is £25.00. Places will be confirmed on a first come first serve basis.

The project will give you the skills, experience and qualification to help volunteer at your club. Volunteering is a really great way of giving something back to your club, but it also gives you valuable life skills in preparation for adulthood.

This year's programme will include:

- Timekeeper Course - This is an introduction into the world of the swimming official. It covers the practical aspects of what is required of a Timekeeper, by means of a short theory session followed by a practical assessment. Practical aspect must be completed at your home club in your own time.
- Young Aquatic Helper Course – Designed for people who wish to actively assist on poolside in any aquatic environment e.g. clubs or learn to swim schemes. Practical aspect must be completed at your home club in your own time.
- Core Skills First Aid – This course is designed to ensure volunteers are equipped with the vital life-saving skills to be the difference in a first aid emergency e.g Recovery position, asthma, choking.

- You are required to complete at least 10 hours volunteering at your club, and to attend and help at a County and/or regional event. You will be given a log book for completion when attending the course.

Please note: If you are able to provide a basic stopwatch for the Young Volunteer attending the workshop, this would be appreciated.

The closing date for registration is 8th November 2019.

Registration link: <https://www.surveymonkey.co.uk/r/MZJKPSC>

Please contact westmidland@swimming.org for more information.