

West Midland Long Course Championships 2020

Gala 1 – Coventry Sports Centre

2nd and 3rd May 2020

Licence no: TBA

Meet Schedule

Saturday 2nd ^h May				Sunday 3rd May			
Session 1	HEATS		Start TBA	Session 4	HEATS		Start TBA
101	Women	400m	Freestyle	401	Men	400m	Freestyle
102	Men	100m	Freestyle	402	Women	100m	Freestyle
103	Women	100m	Backstroke	403	Men	100m	Backstroke
104	Men	800m	Freestyle HDW	404	Women	1500m	Freestyle HDW
15 minutes swim down/lunch break				15 minutes swim down/lunch break			
Session 2	HEATS		Start TBA	Session 5	HEATS		Start TBA
201	Men	200m	Individual Medley	501	Women	200m	Individual Medley
202	Women	200m	Butterfly	502	Men	200m	Butterfly
203	Men 14/16	400m	Medley Team HDW	503	Women 14/16	400m	Medley Team HDW
204	Men 17/over	400m	Medley Team HDW	504	Women 17/over	400m	Medley Team HDW
15 minutes swim down/officials break				15 minutes swim down/officials break			
Session 3	FINALS		Start TBA	Session 6	FINALS		Start TBA
301	Men 14/16	800m	Freestyle Team HDW	601	Women 14/16	800m	Freestyle Team HDW
302	Men 17/over	800m	Freestyle Team HDW	602	Women 17/over	800m	Freestyle Team HDW
303-304	Women	400m	Freestyle	603-604	Men	400m	Freestyle
305-310	Men	100m	Freestyle	605-610	Women	100m	Freestyle
311-316	Women	100m	Backstroke	611-616	Men	100m	Backstroke
317-322	Men	200m	Individual Medley	617-622	Women	200m	Individual Medley
323-328	Women	200m	Butterfly	623-628	Men	200m	Butterfly
15 minutes swim down				15 minutes swim down			

- Entry must be made via the competitors club using Sportsystems Entry Manager
- Entry times must be recorded in GB Ranking and from Level 1,2 or 3 competitions from 1st September 2019 to 15th April 2020
- Closing date Wednesday 15th April 2020
- There will be finals for all events/age groups with the exception of the 1500m/800m and 400m events. The 1500m/800m will be HDW. The 400m IM and 400m freestyle will have 2 finals for each event – Boys 14/under and 15/over and Girls 13/under and 14/over