

West Midland Long Course Championships 2020

Gala 2 – Alan Higgs Centre, Coventry

8th, 9th & 10th May 2020

Licence no: TBA

Meet Schedule

Friday 8th May 2020			
Session 7	HEATS		Start TBA
701	Women	50m	Butterfly
702	Men	50m	Breaststroke
703	Women	50m	Backstroke
704	Men	50m	Freestyle
705	Women	800m	Freestyle HDW
15 minutes swim down/officials break			
	FINALS		
706-711	Women	50m	Butterfly
712-717	Men	50m	Breaststroke
718-723	Women	50m	Backstroke
724-729	Men	50m	Freestyle
15 minutes swim down/lunch break			
Session 8	HEATS		Start TBA
801	Men	50m	Butterfly
802	Women	50m	Breaststroke
803	Men	50m	Backstroke
804	Women	50m	Freestyle
805	Men	1500m	Freestyle HDW
15 minutes swim down/officials break			
	FINALS		
806-811	Men	50m	Butterfly
812-817	Women	50m	Breaststroke
818-823	Men	50m	Backstroke
824-829	Women	50m	Freestyle
15 minutes swim down			

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Saturday 9 th May				Sunday 10 th May			
Session 1	HEATS		Start TBA	Session 4	HEATS		Start TBA
101	Women	400m	Individual Medley	401	Men	400m	Individual Medley
102	Men	200m	Backstroke	402	Women	200m	Backstroke
103	Women	100m	Butterfly	403	Men	100m	Butterfly
15 minutes swim down/lunch break				15 minutes swim down/lunch break			
Session 2	HEATS		Start TBA	Session 5	HEATS		Start TBA
201	Men	200m	Freestyle	501	Women	200m	Freestyle
202	Women	200m	Breaststroke	502	Men	200m	Breaststroke
203	Men	100m	Breaststroke	503	Women	100m	Breaststroke
15 minutes swim down/officials break				15 minutes swim down/officials break			
Session 3	FINALS		Start TBA	Session 6	FINALS		Start TBA
301	Men 14/16	400m	Freestyle Team HDW	601	Women 14/16	400m	Freestyle Team HDW
302	Men 17/OV	400m	Freestyle Team HDW	602	Women 17/OV	400m	Freestyle Team HDW
303-304	Women	400m	Individual Medley	603-604	Men	400m	Individual Medley
305-310	Men	200m	Backstroke	605-610	Women	200m	Backstroke
311-316	Women	100m	Butterfly	611-616	Men	100m	Butterfly
317-322	Men	100m	Breaststroke	617-612	Women	100m	Breaststroke
323-328	Women	200m	Breaststroke	623-628	Men	200m	Breaststroke
329-334	Men	200m	Freestyle	629-634	Women	200m	Freestyle
15 minutes swim down				15 minutes swim down			

- **Entry must be made via the competitors club using Sportsystems Entry Manager**
- **Entry times must be recorded in GB Ranking and from Level 1,2 or 3 competitions from 1st September 2019 to 15th April 2020.**
- **Closing date for entries is Wednesday 15th April 2020.**
- **There will be finals for all events/age groups with the exception of the 1500m/800m and 400m events. The 1500/800m will be HDW. The 400m IM and 400m freestyle will have 2 finals for each event – Boys 14/under and 15/over and Girls 13/under and 14/over**