



www.chaseswimmingclub.org.uk information.chasesc@gmail.com

Assistant Head Coach

Title:	Assistant Head Coach
Job Type:	Part time
Term:	Permanent
Salary:	To be discussed
Qualification:	UKCC Level 2 Coach
Responsible to:	Head Coach

Chase Swimming Club are looking for an Assistant Head Coach to join an enthusiastic and committed team of coaches to bring out the best achievements of all our members whilst creating lifelong positive memories.

Job description

- Be part of the Senior Coaching Team and assist the Head Coach in the everyday running of the club and coaching sessions.
- Oversee all aspects of swimmer development in the squad with the postholder being responsible for, in conjunction with other relevant staff.
- Communicate and work within a team of coaches to further swimmer development.
- Plan and deliver training cycles that develop swimmers to achieve continued success alongside the Head Coach.
- To work with, the Learn to Swim co-ordinator and other coaches to further develop and raise the quality of the swimmers moving from Learn to Swim into the competitive programme.
- Have a good understanding of planning and delivering training cycles that develop swimmers to achieve continued success.
- Have a good understanding of energy systems and how to use them in a training cycle

Senior Coaching Team Member Responsibilities

- Have oversight and input for overall development of swimmers, squads, and the club.
- Assist the Head Coach with club admin tasks such as, time tabling, managing swimmers' progression, season planning, club development, arranging coaching cover for meets and other coaches' absences.
- Communicate and work with the Learn to Swim co-ordinator, teachers, volunteers and swimmers to ensure swimmers are developing at the appropriate rate and with the correct skill level.
- Act as a coach mentor for more inexperienced coaches in the club and become a subject matter expert for the club.
- Provide cover for the Head Coach and other coaching team members when needed



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Coaching Responsibilities

- Coach a minimum of 5 sessions a week across the club
- Plan, implement, coach, and manage the progress of swimmers in a designated squads
- Hold regular meetings with parents
- Attend club internal and external competitions as per the annual plan
- Work with designated Club Officers to support individual swimmers when the need arises.
- Assist the Head Coach for the team selection of the A and B Junior League teams.

This job description is not to be regarded as exclusive or exhaustive. It is intended as an outline indication of the areas of activity and will be amended in the light of the changing needs of Chase Swimming Club.

Personal Specification

Essential

- UKCC Level 2 Coach
- Have an applied knowledge of training zones, intensities, and periodisation.
- Knowledge of how to design and implement a programme of optimum long term athlete development.
- Knowledge and understanding of OADF.

Desirable

- Teacher coach pool rescue or RLSSUK NPLQ award.
- Recognised Strength & Conditioning qualification.
- Understanding of wider Sports Science topics and how they relate to swimming.

The successful candidate will have a passion for swimming and inspiring swimmers to progress. They must be a genuine team player and clearly show their love of swimming and coaching. Most importantly they must be driven and knowledgeable, whilst possessing the ability to communicate effectively with swimmers, coaches, and parents.

The successful candidate will need to have a demonstrable knowledge of the OADF. They should also demonstrate a willingness to learn and further develop themselves through opportunities external to the Club. The coach should be knowledgeable about competitive swimming and be driven to achieve results for swimmers of all abilities. Additionally, they will have a passion for competitions and must be prepared to attend various galas and meets to support our swimmers in their racing and team objectives.

Chase SC is a SwimMark club. We are committed to safeguarding the welfare of children and adults. In this role you will be expected to champion this commitment at all times and actively promote and deliver effective safeguarding practices across all activities within the club. This role is subject to an Enhanced Level DBS with Barred List check, and you will be required to attend the UK Coaching Safeguarding and Protecting Children course recognised by Swim England.

Equal Opportunities

Chase Swimming Club is committed to the promotion of equality of opportunity in all fields and the club intends that no job applicant shall receive less favourable treatment because of gender, marital or family status, age, disability, ethnic origin, creed, sexual orientation.



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How to apply

Please email your CV and covering letter, explaining why you would be suitable for the role and detailing your current notice period, to Charlotte Killeen at ckchair.chasesc@gmail.com. If you have any questions about the role, please contact Charlotte Killeen at the same address. Visits to a training session or an informal discussion would be welcomed. We are keen to appoint to this post as soon as practically possible and, therefore, early applications are encouraged.