

SE West Midlands Masters Championships timings

Event	warm up 11-11.30	
Session 1	Estimated start	heats
101	11.30	2
102	12.10	9
103	12.38	7
104	12.53	13
105	13.21	3
106	13.34	6
107	13.47	6
108	14.21	10
109	14.36	2
110	14.46	2
Approx finish	15.00	
Event	warm up 15.00-15.40	
Session 2	Estimated start	heats
201	15.40	3
202	16.22	4
203	16.37	11
204	16.55	7
205	17.10	5
206	17.29	5
207	17.43	1
208	17.47	15
209	18.09	2
210	18.26	2
Approx finish	18.40	

There will be the use of a continuous warm up/swim down pool